

# Fall 2009 Newsletter



Original Photograph by Joshua Riddell

*"Baby steps are  
bigger  
than you think,  
especially if  
you are  
an ant"*

## Welcome Fall!

I'm going to be light and airy at this point in time. We all have been riding a wave of sorts and I can say that I actually enjoy the "air" that I get. You know the feeling. Haven't you ever been riding in a car, going fast and you hit a bump and you get lifted in your seat. You can also experience this when you ride a rollercoaster. You get air! That is what I have been feeling. These energy changes have been playing havoc on people, just like that rollercoaster. The ups and downs can be tremendous but you have to admit that some of the ride is exciting. These are very exciting times for all of us. Changes have been upon us, like it or not, but we are coping with it all. My phone has mellowed out with crisis intervention calls and I got a much needed respite.

In August, I was fortunate to spend 12 wonderful days at Grail Springs Health Spa, Bancroft, Canada with one of my very best friends. The trip was a confirmation that we needed to take care of our bodies and get into a healthful state of mind, both physically and mentally. We definitely received the tools we hoped for and here I am a little lighter in weight but full of great memories and experiences. If any of you have the opportunity to go there and improve your being, please do. Madeleine Marentette is the owner of Grail Springs (Jim Carey has property close by as well as having visited the Grail) and she is also the author of the book *"Grail Springs Holistic Detox, For Body, Mind & Spirit"*. Her energy is captivating and she is so full of knowledge, as well as having a wonderful staff to make your stay a welcomed retreat. We look forward to the next stay at the Grail, and this time we will teach not only how to connect with your Angels, but how to get through this transition in energy that we are experiencing. We hope that you can join us!

For all my clients in the Ohio area, I will be at the Universal Light Expo, Heart Light Conference in Columbus Ohio on Oct. 10 & 11<sup>th</sup>. Please stop by booth 328 and say hello.

Blessings,  
Judee

# Channeled Message

It is with great pleasure to bring you these messages of love and hope from behind the veil. As always, you all are being guided on the very best path for your highest and best good.

Some of you have experienced many dramas and chaos in your life these last several months or even these last few years. We have given messages, through many sources that these changes are necessary for humanity and that although your human lives many encounter upheavals of some sort or another, we are very aware of what the final outcomes will be. Your focus on this 2012 ending has been misconstrued. This is not the final date of your evolution but the exact opposite, it is the beginning.

We wish to express to you that letting go of old habits and all things of the old energy is an integral part of the process. We have encouraged you to purge all things in your life that is not of love. That means jobs, relationships, material items, etc. that do not encompass your love or passion. This letting go process is best when taken as that, a process. We ask that you clean yourselves of material items as the start and intend, that is to ask for what you truly need and then let go and let divineness bring you what is best. It is the waiting for all the correct doors to open that you may struggle with. Patience is key here and also finding the calm within to help guide you along the path. We know that some of this is very elementary for you but again, necessary to repeat. Purge what you are comfortable with and ask for guidance with the next step. Wait and be calm and all that is within your divine path will be brought to you. Keep that open communication with us and we will be there to help you.

As you go through this energy shift, honor yourself and let the flow of your human lives carry you to what is best. There is always a blessing in everything and we ask that you see this. Know that your words are power and be ever mindful. You are manifesting quite well at this point but caution is advised.

You may experience a feeling of disconnectedness but these are temporary. It is a different way of connecting that we are establishing with you. Again patience is requested. As you vibrate higher things will change even more.

Know that you are loved and being guided as always. We are very proud of all of you!

**(Please disregard all negative information that you see or hear about 2012. My guides have told me that the doom & gloom that is passed around in the media is used to create an unrealistic fear. The rule is, if it does not resonate with you, don't believe it.**

**I do believe though that there is a difference in being prepared versus being obsessed. Be prepared that changes are coming but not the end of the world.) Judee**

# Pet Astrology

Astrology plays an important part and role in your pet's life, be it a cat, a dog, a parrot, a pigeon, a horse, etc. Ever wondered why your dog or cat behaves differently? The answers could be determined by their date of birth and how astrology affects their character.

You'll have an easier time in raising your pets if you understand what makes them they are and how their basic behavior will evolve depending on their astrological sign. If you just got a new pet for your home, here's a great way to know just what to expect out of them and how you should behave to them, so that both of you can get on well with each other.

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## Pets - Sun Sign Characteristics

### **ARIES (Mar 21- Apr 20)**

Aries cats and dogs are born to be leaders in their territory. They try to boss the other pets in their immediate neighborhood. No other pet can dare to bully them. They cannot be easily put under leash. They call for attention. If not given adequate attention, they are likely to become rebellious, stubborn and disobedient. When pampered they do not hesitate to show back their gratitude. It is a little difficult to get them under your words. They are known to be territorial and defend the same with all their might.

### **TAURUS (Apr 21- May 20)**

Taurus pets are known to be lazy ones. Some snacky food and good music shall see them to be couch potatoes. They are particularly fond of soft music. They love a luxurious life just as their adult counterparts. They tend to put on some weight with age. They are fond of gentle and warm surroundings where they can while their time away. They do not give up a fight easily. Taurus pets love the best things in life.

### **GEMINI (May 21 - June 21)**

Gemini pets have unbounded energy. They like to entertain their masters and get the attention of outsiders easily. They mostly bag the trophy in dog competitions. Gemini pets are charming, very domestic but sensitive too. Usually curiosity gets them into unwanted troubles. They are also known for their petty pranks. They get along with any other pet and can also be trained easily as they are fast learners.

### **CANCER (June 22 - July 22)**

Cancer pets are overly sensitive. They compel to be taken as one among our family members. They crave for attention. If scolded they lose their mood and retreat to a corner. And if left unnoticed shall sulk and whine. Cancer cats are nocturnal ones and their mood changes with the phases of the moon. They never get into fights and are very timid. They run away from trouble and like to be pampered and cuddled by their owners. Cancer pets become friends for life.

### **LEO (July 23 - Aug 22)**

Leo pets are born leaders and they have a royal tint in their behavior and movements. They have a pride in them. They are known to be arrogant. On the contrary, they are also friendly and gregarious. Nobody dare to challenge their authority. Leo pets are loving and faithful and demand their owner's attention 24 hours a day if there are other pets in the household. They have a good memory and make good pets particularly if there are small kids at home 'cause they take good care of them'.

### **VIRGO (Aug 23- Sep 22)**

Virgo pets are very hygienic and demand a spick environment around them. They like to be clean always and are ready to take a bath any time of the day which most of the pets hate. Virgo pets are particularly demanding. They avoid working and prefer to play around most of the day. They make a big fuss around dinner time. They are not much fond of seeking attention. They are prone to allergies and hence maintain caution. A strict diet is to be followed for them else they get an upset tummy.

### **LIBRA (Sep 23- Oct 22)**

Libra pets communicate their feelings to the owner through their eyes. They are restless and indecisive creatures. They have finicky manners and test the patience of the owner. They shall do anything if they want to get attention. They are very affectionate and like to company of other pets as well in the house. They are known to be flirts and cannot be accommodated into a particular routine. Their nervous nature usually lands them in troubled waters.

### **SCORPIO (Oct 23- Nov 21)**

Scorpio pets are loyal and very entertaining. They keep their owners in good mood. They are very much attached to home. They have the ability to read people's mind. They easily sense danger. They are loners and are rarely found inside the house. They live in a world of their own. Scorpio pets are called as Wanderers of the zodiac. They are frightening for the other pets. Scorpios are also charming creatures. They are proud and obstinate at times.

### **SAGITTARIUS (Nov 22 - Dec 21)**

Sagittarius pets are full of boundless energy and with strong nerves. They are fun-loving creatures. Sagittarius pets are very good to keep at young age. As they grow up they become temperate. They are also the most accident-prone members of the zodiac. They easily get into troubles because of their clumsy nature. They love to be loved and give back the same to their owner. Sagittarius pets are cowards and mostly run out of any serious fight. They like adventure.

### **CAPRICORN (Dec 22 - Jan 19)**

Capricorn pets are found to be wiser when compared to the other pets of their age. They are also known for their proper behavior and keep the house in order. Capricorn cats love to sleep endlessly. They put on weight as they have a bent on food. Capricorns are stubborn and hate to be disturbed from their place. They are said to be self-centered but hate to be alone. They give a good company for kids in playing.

### **AQUARIUS (Jan 20- Feb 18)**

Aquarius pets are gentle creatures. They sense the moods of their owners and act accordingly. They have a liking for water and taking them to a bath is very easy. They are very friendly and intelligent. Aquarius cats are very temperamental. Training them is not an easy affair. They poke their noses into anything on their way. Aquarius pets are lovers of food. This usually lands them in unwanted illnesses.

### **PISCES (Feb 19- Mar 20)**

Piscean pets love water and related sports. They are very sensitive and emphatic and easily sense their owner's mood. Once they develop a liking for a particular person they shall stick on for life. They are accident prone. Piscean cats are hyperactive and impulsive in nature. Piscean pets change their moods often that it is difficult to understand them. They love luxury and do not need much space. A change of environment shall make them sulk to a corner. But for that they are gentle and loving pets.

Note: Please be advised. This Astrology section is for entertainment purposes only. As is the way of life, we cannot make any guarantees as to your pet's signage & traits.

**<http://www.findyourfate.com/astrology/pet-astrology.htm>**

Thank you to [www.findyourfate.com](http://www.findyourfate.com) for your inspirational pet astrology interpretation.

**I usually have a section for people but felt that pets are an important part of our family. Please see the section below on animal communication. Nedda Wittels is a friend of mine. She is the go-to gal for all things animal and human related. For those of you who know me, I do not recommend anyone who I have not personally experienced. Nedda is truly one of a kind!!! Please contact her with your animal communication needs and also experience a little something for yourself, as she is a gifted healer! Thank you Nedda for your contribution to human and animal kind!**

*"All men who have achieved great things have been dreamers" Orison Marden*

# Spiritual Links.....Our Featured Talent



## Nedda Wittels

Animal Communicator

Healing Facilitator

Shamballa Master

Light Worker

Teacher

<http://www.RaysOfHealingLight.com>

<http://www.AnimalCommunicatorForum.com>

[neddaw@sbcglobal.net](mailto:neddaw@sbcglobal.net)

860-651-5771

Please telephone for appointments.

### **ANIMAL COMMUNICATOR**

As a small child, Nedda Wittels felt the emotions of animals empathically and could hear their thoughts. She often knew what the family pets wanted. Her parents told her she was just pretending, so she stopped telling others what she experienced.

Although Nedda received her BA from Cornell University and has masters degrees from both SUNY at New Paltz and New York University, she rejected the position of behavioral psychologists that animals are a collection of conditioned responses without emotions. She could not deny her own inner truth.

In the early 1990's, Nedda read *Animal Talk*, by Penelope Smith. This propelled her to a new level of consciousness about animals: "Animals are sentient beings - intelligent and self-aware - with their own unique perspectives and life purposes," says Nedda. This understanding is the basis for her professional work with animals and their people.

Since 1994, Nedda has given private Animal Communication consultations for thousands of people and their animals of many species, including horses, cats, dogs, lamas, iguanas, cockatiels, parrots, and a pet tarantula. Distance is no obstacle. Telepathic communication is instantaneous even if you are living half-way around the planet.

During a session of this type, Nedda helps people and their animals understand each other's perspective in a variety of situations. Telepathic Animal Communication facilitates: • easing emotions when an animal dies, • resolving behavior problems • information gathering for treatment of sick animals • preparation for changes, i.e., moves, vacations or adding a new family member • sharing

personal and spiritual goals • training and performance. Nedda also helps people when their animal is missing.

## **HEALING FACILITATOR**

Nedda discovered her healing abilities by learning ways to help her horse, Echo, as she aged. Having a clear intention and being open to the possibilities, even when it defies logic, may bring about dramatic improvements in health and well-being at all levels in a very short time. Echo, now “in spirit” after 32 years in a physical body, continues to work with Nedda from the Higher Planes.

As a facilitator of healing teams of Light Beings, Nedda assists and coordinates sessions for the purpose of healing, which she defines as a return to alignment with one's God Self. Among the Light Beings on these healing teams are Ascended Masters, angels, Arcturians, members of the Shambala Healing Institute in the Earth's spiritual capital city of Shambala, and other experts and specialists from the Light. Together, they employ gentle and powerful techniques to assist in healing animals and humans.

Nedda's sessions are from a distance in all instances. Some of the systems she calls upon include Shamballa Multidimensional Healing (a Spiritual Ascension System), Hands-on-Healing, Cranial/Sacral Therapy, Tellington-Touch, and others. Her healing team associates often teach Nedda new methods and concepts as they work together.

## **SHAMBALLA MASTER**

In 1999, Nedda was one of the first people in the US to become trained in Shamballa Multidimensional Healing. Shamballa is a program of Spiritual Ascension and Empowerment. This course inspired Nedda to begin helping others who are also awakening to their God Selves.

Nedda now offers Spiritual Empowerment sessions. These are private consultations in which Nedda helps individuals connect with and hold more of their own Divine Light and Consciousness. By inviting their highest aspect to be more fully present within them, each client is totally supported and able to begin taking steps to transform their lives. During this process, clients can exchange old decisions for newer more effective ones; move through limiting thoughts, emotions and beliefs; and take back their personal power.

In all of her work, Nedda sees through mental and emotional confusion, pain, and fog to find the nexus – the heart of the situation. While providing compassionate support for her clients and their animals, she helps people find and use their own inner strengths and courage to break through to a new level. Her clients feel confident to take appropriate steps to help themselves and their animals.

## **LIGHT WORKER**

Nedda is embodied on the Earth at this time to ground the Spiritual Light and Divine Love of the Ascension process. This work is central to all her services, as it is the primary reason she is here. Every aspect of her life and work is an expression and reflection of this Service.

Nedda says, “As you integrate the higher vibrational frequencies available on Earth today, you will experience many challenges. This is a normal part of the process. Integration of higher frequencies shakes loose the denser energies within us. As you remember your true life purpose and spiritual connections, Light Workers are here to provide assistance and support for your emerging sense of Self. While the process may feel uncomfortable and may cause you to feel fear, the ultimate result is that you will each hold more and more Light and have direct experiences of Divine Unconditional Love.”

## TEACHER

Nedda is a gifted teacher. Having taught for many years – in public school, in the computer industry, and now in her service to Humanity and Animals – Nedda knows how important it is to reach more and more of the Awakening Ones. “You must begin where the person is in the moment and then gently guide them to a new place,” says Nedda.

This year, for the first time, Nedda is offering teleclasses. Teleclasses have the advantage of being more easily available everywhere on Planet Earth. Her Telepathy With Animals (TWA), which ran for 10 weeks in the spring of this year, was a major success, not only by helping the participants develop their telepathic abilities with animals (and others), but also in assisting the spiritual awakening process.

This fall, Nedda will be teaching about Heart Centered Living, also by means of teleclasses. There is additional information about this program on her website, <http://www.RaysOfHealingLight.com>. Nedda writes, “We are moving into Unity Consciousness as a way of life on Planet Earth. Let us join together to create the world we truly want to experience. To accomplish this, we all must begin living from our Hearts, using the Heart Qualities to transform ourselves, and thereby transform Life on Earth.”

## SERVICES

Private Animal Communication telephone sessions for all situations, including missing animal cases. Distance Healing sessions for animals and humans. Spiritual Empowerment sessions for humans. Founder of the TWA (Telepathy With Animals) Coaching Program.

Nedda uses teleclasses and other internet services to provide a powerful learning experience that dramatically moves participants to full telepathic communication with animals and all of Life.

As a Shamballa Master and healing facilitator, Nedda provides space clearings, entity detachments, and assistance with the crossing-over process for spirits that have left their physical form. As a Light Worker, Nedda supports the awakening and ascension process for all her clients.

***Nedda is one of the most talented people I know....please contact her for your spiritual or animal needs.***

