

# Winter 2009 Newsletter



*"There is much  
more  
than just what  
we sense  
humanly"*

## Welcome Winter!

As many of you know, it has been quite a busy past few months for me. I have traveled more this year than any year yet! Notice I said yet. I have it on great authority that this next year will be another busy one. I can tell you honestly that I have not scheduled a thing on my calendar but intuitively I know better.

I attended my first Universal Light Expo in Columbus, OH this past October and it was such a successful event that I will be back in 2010! Presenting my material to a classroom full of people was nerve racking but by the end of the presentation, all said and done, I was jazzed! I don't know how I survived doing 35 mini-readings but I did it. Thank you to all of those who allowed me into their world in such a brief period of time.

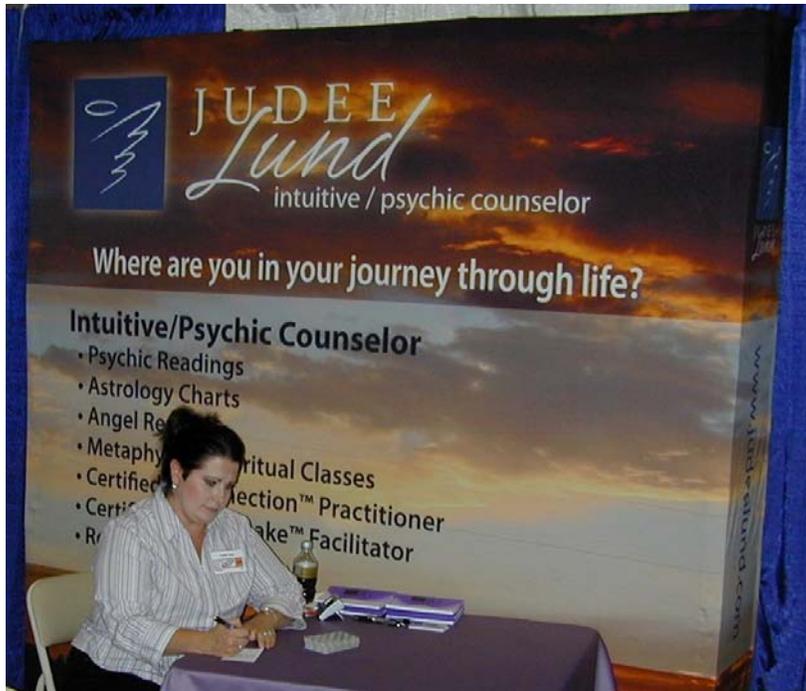
A BIG thank you goes out to my daughter Sarah, who flew in from Los Angeles to help me and my dear friend Denise, who I could not have done without. THANK YOU most especially to Shirley, Richard and Jon! Your help, kindness and support were appreciated more than you can know! Hotel Beaulieu was the perfect and only place to be, and has my reservations for next year! Thanks again Shirley & Dick! I cannot forget Peggy at Aromatic Essence for creating the wonderful sample boxes that I handed out. Thank you, thank you Peggy for all your hard work. A big hug and thank you to Miriam, at Miriam Inc., for all your help with my graphics and promotional items, and for being such a great neighbor. Last but not least, my husband Bill for his never-ending love & support.

This newsletter I decided to eliminate the channeled section and put in a question & answer section from recently asked questions from you, my clients. I hope this helps you. You can submit questions to me via email and I may feature them again soon.

Have a wonderful holiday season. Stay safe and warm.

Blessings,  
Judee

FYI: Schedule your readings before the New Year and purchase Gift Certificates before Jan. 1<sup>st</sup> 2010. My price for a reading is increasing to \$60.00 for the hour.



Judee at the expo.



# Questions & Answers

(Channeled from guides)

- 1. Q:** 12-21-2012 - will it be a 'dramatic' day or will the day pass by just like any other?  
**A:** There has been an energetic shift going on for quite some time. That particular day will just be the finalization of the major shift that will take place. Some of you may feel that shift but most of you will feel nothing. So the general answer to your question is: no, it will “seem” like just any other day.
- 2. Q:** I have noticed that with all the changes you have talked about, that relationships with people have been strained. I know friends that do not vibrate in energy along with me. Should I just stay away or should I spend more time with them, to help them? **A:** If you are having difficulties with friends, that you recognize that are not in the same vibration that you are in, you most certainly should avoid them as much as possible. It truly shows that your energy is not compatible. This relationship will most likely end and this is your sign that that will happen.
- 3. Q:** Do you foresee the collapse of the dollar, the American way of life and what can we do individually to prevent this from happening? **A:** We do see a number of changes in your economy but specifically the collapse of the American dollar will not be adversely affected for quite some time. That is not to say that changes on an economical standpoint will not take place, but not as you expect because of your fear mode. Individually, you can save, conserve, recycle, re-think everything that you do. This will put you in a better position to deal with upcoming future manifestations.
- 4. Q:** I read recently that an untrained psychic session could only be negative because the receiver would be unable to focus on positive energy. What are your thoughts on this? **A:** Getting information from someone who is not trained is certainly not recommended. Psychics aren't quite mainstream yet but there needs to be standards and practices that best serve in an integral way. When starting anything new, you need practice. If they are new, expect that there will be flaws. As far as negativity, that is based on fear, either from the stance from the psychic or the person that is being read.
- 5. Q:** Why do I have a hard time calling people on the phone??? I want to but it doesn't happen easily. **A:** You may be feeling a change in energy vibration meaning, the people you need to call, just don't blend well with you right in that moment. You can have the human obligation to do things that your inner-self just knows will not resonate with you. Hang in there knowing that whatever doesn't serve you, will go away.
- 6. Q:** I've noticed a lot of people & animals dying in these last few months. What's going on with that? **A:** The energy has been shifting towards humanity finding their path to their highest and best good. Individuals have experienced chaos in their lives in the mist of these changes in energy. You have been given lessons to learn and to serve for the duration of your souls experience as a human on earth. The people that are passing on into spirit are choosing to do so in order to best continue their soul's growth. People will choose to stay and some will choose to go. There is no judgement in the choosing.

## Personality Characteristics of Signs of the Zodiac

We all know that according to our birth date, we fall under a particular zodiac sign. Your zodiac sign is believed to be a representation of your personality. It is said to indicate the person you are. The twelve signs of the zodiac provide a broad classification of the personality traits. Associated with every zodiac sign are some positive attributes and some negative ones. They together represent the zodiac sign and reflect the personality characteristics of the person belonging to that sign.

**Aries:** People falling under this sign are adventurous. They are generally self-willed and courageous. They may be seen as short-tempered individuals. They are often clever and confident. On some occasions they act impatiently. Their impulsiveness and quick temper can be their potential enemies. If they overcome these weaknesses, they can achieve success in life, owing to their confidence and clarity in thinking.

**Taurus:** Those belonging to this sign are romantics. Their love for style and beauty is apparent in their way of living. They are warm at heart and prefer being secure in life. As friends, they are trustworthy and helpful. But they can be possessive about everything they have. This may translate to selfishness and greed. If on guard about these negativities, a Taurus can make a good company and an excellent friend.

**Gemini:** People belonging to this sign are versatile and quick-witted. They are spontaneous in communication. They come across as intelligent people. Their love towards life is evident from their living! But they tend to worry too much on certain issues and fail in managing their stress. They form opinions pretty quickly and sometimes appear to look superficially at life.

**Cancer:** Those falling under this zodiac sign form the sentimental lot. They are of a loving and a caring nature. They are cautious in their actions. They are very protective towards their loved ones. This nature makes them excellent and caring parents. Cancers often have an imaginative and artistic side to their life. They are subject to varying moods. Their overly emotional nature needs to be worked on. On the whole, they are good human beings.

**Leo:** Leos are generous and open-minded. They are quite caring in nature. They possess a dominating nature coupled with a knack of taking everyone along. This combination of traits makes them true leaders. They may be egoistic and bossy. They tend to easily lose their temper. They are both open-minded and openhanded and show deep love for magnificence and luxury. Leos are real kings!

**Virgo:** They are very analytical. They tend to think overly on any given subject and base their conclusions on a long thought process and deep analysis. They have unidirectional talents. They are absolute purists. Their overcritical nature can become a cause of their troubles but otherwise they are intelligent and good decision-makers.

**Libra:** Their romantic nature is coupled with serenity. They are balanced in nature and know how to keep their cool at all occasions. At times, they find it difficult to express themselves. Though they appear aloof, they are attached to their near ones. They tend to get influenced by the views of others. It makes them indecisive. Apart from these lacunae, they are on the whole reasonable and thoughtful.

**Scorpio:** Scorpios are passionate individuals with a magnetic personality. They are forceful about going by their opinions. They have clarity of thought and expression. Due to their possessive nature, they become jealous quite easily. They are clever and courageous. They can be resentful and obsessive. They seek to take revenge of the wrongdoers. So be careful while dealing with Scorpios.

**Sagittarius:** They are intelligent and philosophical. They know how to lighten up any atmosphere. They are fun-loving in nature. Sometimes their excessive optimism makes them behave carelessly. Their moods and whims can be bothersome but on the whole, they are intelligent people with a good sense of humor.

**Capricorn:** They are prudent and practical. Their ambitious nature does not allow them to ever give up. They are vigilant. They plan before playing any game of life. They may come across as sadistic individuals who are orthodox and rigid. Perseverance and tolerance are their greatest qualities. They are generally upfront in fighting whatever comes in their way.

**Aquarius:** They are among the intelligent in the crowd. A sense of humor, coupled with great intelligence and deep thinking make them stand out. They make loyal and honest friends. They are independent thinkers with great originality in their thoughts and actions. They may appear indifferent and less emotional. If you have an Aquarian around you, you may find it difficult to understand him/her.

**Pisces:** They are sensitive and sympathetic. They are kind and helpful. They can go out of their way to help their dear ones. This makes them excellent friends. Opinions of others can easily influence them due to which they can easily get carried away. They are not very determined or courageous. They are often vague in thinking and behavior. But their idealism is their true differentiator.

The personality characteristics of the various signs of the zodiac sufficiently reiterate the fact that every individual has some good and some bad attributes about him. The signs of zodiac reveal a categorization of people where each group is associated with a blend of both the 'positives' and the 'negatives'. Your zodiac sign gives you a rough idea of how you are. However, what brings out the true individual in you is your approach towards life. It is how you rise above your weaknesses, that decides who you are and why.

Buzzle.com

By [Manali Oak](#)

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## Ever wonder what your astrology chart looks like? Want to know what the stars had in store for you when you were born?

**Basic Intuitive Astrology is a once in a lifetime experience of learning not only how to read your own Natal Chart, but you will also get an intuitive interpretation along with it.**

**This is a full day intensive course that includes lunch, your personal Natal Chart and workbook for you to keep with full explanation. Since this class is limited to 6 participants per class, please call (619) 316-1203 or email me ([JLund@aol.com](mailto:JLund@aol.com)) if you are interested.**

**THE NEXT CLASS IS SCHEDULED FOR MAY IN SAN DIEGO!  
Cost is \$85.00**

### Read what other's have said:

*"The class was very informative. I learned a lot and got more than I expected. It was totally about me and that was amazing! Judee did an excellent job of explaining my chart to me and I thought the class was wonderful" MG*

*"Astrology was just a passing interest for me when I asked Judee if she could teach me about this subject. After taking the class, I felt more educated and informed, but not overwhelmed. She explained it as simply as she could for those of us who had no knowledge of astrology. I found it interesting and fun. I recommend it highly.*

*P.S. The workbook you get is great to refer to later." DH*

*"Having my astrological birth chart explained to me was so enlightening. It really helped bring some of the pieces of my life together. There is a lot of information to cover, but the workbook and chart you will receive makes it easy. You will find out things you already knew, and there will be some surprises along the way. Judee does a great job of explaining it all. Well worth it." SH*

**Gather your family, friends or co-workers for a group session!**

# Spiritual Links.....Our Featured Talent



Melody Burgett  
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## What I do.

I am Certified as a Life Coach, Certified in Hypnotherapy, Reiki Master in Five Styles, Certified in the KI Method ~Laying on of Hands, I practice the Bach Remedies Methods and The Biochemical Tissue Salts form of Health.

I am Certified in Massage and use a combination of massage, Reiki, reflexology, cranial sacral, myofascial release, lymphatic drainage and/or hot stones relaxation technique. I believe healing is necessary on all five levels: intuitive, mental, emotional, spiritual and physical. I also practice and teach exercise, strength training, stretching, women's self defense and belly dancing. My passion is facilitating holistic wellness in spirit, body and mind. Combined with my son Marvin Davis, his expertise in herbs and natural supplements, as manager of The Garden Herb Shop, Canal Winchester, OH, we provide a wide range of training, knowledge, abilities and caring services for all who seek the holistic way of life.

## About me.

When the medical world nearly ended my life at age of 27, I decided to take my power back and follow the family path. I grew up in a holistic extended family with my parents and grandparents. My mother is a massage therapist and we all believed and utilized the Laying on of Hands method of healing.

## Contact me.

If you want to experience a unique, multi-modality massage treatment or have a need for hypnotherapy, life-coaching or want to experience the Ki Method or Sign Language of the soul with Bach formulas, please contact me. I also teach dance and movement and most anything involving mind, body and spirit. Namaste!